Mental Wellbeing Impact Assessment

Developed in the United Kingdom, the Mental Wellbeing Impact Assessment (MWIA) is rooted in the Health Impact Assessment methodology with a specific focus on mental wellbeing.

The process identifies factors that are having, or have the potential to have, a positive or negative impact on wellbeing. Once identified, actions and indicators are developed to maximise positive outcomes and provide ways to measure the impact going forward. MWIA provides a structured, evidence-based analysis of how policies, proposals and programmes might influence wellbeing of whānau, hapū, iwi or communities. With wellbeing and mental health being two government priorities, MWIA provides an ideal methodology for supporting system reform to reorient to a wellbeing focus.

Internationally, the MWIA tool is used by government departments, local government, planning authorities, health and social service sectors, NGOs and advocacy organisations.

An independent first level review of evidence to assess the effectiveness of the MWIA process concluded that there is strong evidence that the tool makes a difference to the way public policy and initiatives are implemented.

More detailed information on Mental Wellbeing Impact Assessment, examples of how it can be used and content of the course can be found on TaylorMade website.

Use of the MWIA

Public and social policy
Applying a wellbeing lens to new or review of public and social policy and government programmes

Community advocacy
Using MWIA to inform political or social advocacy and submission processes

Major infrastructure projects
Identifying the wellbeing implications of major projects for whānau, hapū, iwi or communities.

Climate change & Disaster recovery planning
Support strategies for coastal or drought prone communities likely to be impacted by climate change or reoccurring extreme weather events

Urban Planning and design
Incorporating wellbeing principles in new housing and suburb development

Mental Wellbeing is deeply connected to wider wellbeing in our society. We need to embed this understanding in everything we do – within our mental health and addiction system, our wider health and social system, and at every level of society.

He Ara Oranga – Mental Health and Addiction Inquiry

Mental Wellbeing Impact Assessment Projects
Participants will be supported to undertake a Mental Wellbeing impact Assessment on a work related project. The training program is spread over five months, giving sufficient time for participants to progress their MWIA and to receive peer review and feedback on each of the training days. On the last day participants will present on their MWIA.

Course Programme

Become competent in undertaking a MWIA. Register for the Mental Wellbeing Impact Assessment Tool five-day training program.

Workshop 1: (2 days)
- Defining mental wellbeing
- Social, economic and cultural determinants of wellbeing
- MWIA framework and its applications
- Examples of how MWIA can be applied
- Establishing the MWIA question: what impact do you want to assess and who do you want to influence?
- Identification of participants’ MWIA projects
- Mentoring and buddy scheme for projects

Workshop 2: (1 day)
- Screening and scoping of a MWIA
- Appraisal process - gathering and assessing the evidence
- Identification of potential positive and negative impacts
- Finalising participants’ project

Workshop 3: (1 day)
- Identification of indicators and recommendations
- Writing the MWIA report
- Participants’ projects progress updates and peer review

Workshop 4: (1 day)
- Using the MWIA report to influence change
- Evaluating Impact
- Participants’ presentations on their Mental Wellbeing Impact Assessment reports
Wellbeing

The Government believes that wellbeing belongs at the heart of policymaking

Wellbeing is defined as the capacity to feel, think, and act in ways that enhance our ability to enjoy life and respond to the challenges we face. It recognise the importance of culture, diversity, equity, social justice and personal dignity. It forms the basis on which individuals, whānau, hapū and iwi and communities are able to thrive.

Well individuals contribute to well whānau, communities, schools and workplaces, economies and society.

Public, social and economic policy, urban planning, the law, environment and human rights all impact on wellbeing. Social agency, participation and connection are key determinants for thriving. Assessing the impact of public policy and programmes on wellbeing contributes to a more thriving, inclusive and equitable society.

Course Facilitator: Barry Taylor

Barry has proven leadership over 30 years at local, national and international levels to improve wellbeing community wellbeing and the prevention of suicide.

As a Health Sociologist and Public Health practitioner, Barry has a long-term interest in the social and cultural determinants of wellbeing.

In 2016 he was awarded the NSW Mental Health Commissioner’s Community Champion Award in recognition of his outstanding contribution to mental wellbeing and suicide prevention.

Registration Fee

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<tr>
<th>Type</th>
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<tbody>
<tr>
<td>Earlybird:</td>
<td>$1750 + GST</td>
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<tr>
<td>Full:</td>
<td>$2250 + GST</td>
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Registration Fee includes workshop notes, morning and afternoon teas and lunch.

1 Earlybird registration closes 31 May
2 Registration closes 22 July

Register online through Eventbrite

Payment by Visa or MasterCard. Organisations can request to be invoiced.

WORKSHOP PLACES ARE LIMITED - REGISTER EARLY TO AVOID DISAPPOINTMENT

Dates:

- Workshop 1: Thursday 1 & Friday 2 August
- Workshop 2: Thursday 5 September
- Workshop 3: Thursday 17 October
- Workshop 4: Thursday 28 November

Time: 9:00am - 4:30pm

Location: Wellington

The course is also been offered in Wellington (and Christchurch if there is sufficient demand). Refer to website for details and dates.

For further information contact

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MENTAL WELLBEING IMPACT ASSESSMENT TOOL TRAINING

Facilitating positive mental wellbeing outcomes through wellbeing focused public and social policy

An advanced professional development opportunity with award winning mental wellbeing specialist Barry Taylor

TaylorMade Training & Consulting
Promoting wellbeing and facilitating effective suicide prevention & postvention through evidence-based practice and evaluation