Motivational interviewing is a conversation style that is useful for clients that present with ambivalence around behaviour change. Sometimes clients tell us their goal is to do or be something different, yet their behaviour stays the same (e.g., alcohol misuse, drug misuse, diet, exercise, procrastination). A motivational interviewing approach avoids argument, resistance or defensiveness and can be integrated into your current style of having conversations with clients.

Day 1: **Introduction** to MI – Thursday 16 April 2015
Day 2: **Intermediate** MI – Friday 17 April 2015

**Cost:** $210 + GST per day

**Time:** 9.30am to 4.00pm both days
- Resource materials supplied
- Morning and afternoon tea provided
- Attend one or both days

**Trainer:** Sharlene Wong
Member of NZAC & DAPAANZ, Accredited supervisor for NZAC and DAPAANZ

**Venue:** ABACUS 8 Pompallier Tce, Ponsonby, Auckland

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**DAPAANZ points are applicable for DAPAANZ members (15 points per day)**

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“**This training is fantastic for working with clients who say they want their lives to be better, yet are stuck...**”

“**I now have the tools to work with resistance rather than against resistance...**”

**Sharlene Wong** is a counsellor, trainer and supervisor who has been a member of the NZ Association of Counsellors for fourteen years. Her experience includes team leader roles in the gambling field, training students, counsellors and other helping professionals in behaviour change, and clinical supervision roles for non-government organizations.

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**RSVP by 20 March 2015:** Gail ph 09-360-6957 gail@acts.co.nz

**Registration:** $210 +GST per day
Please email Gail at gail@acts.co.nz with your name, organisation (if applicable), email address and phone number plus details of where an invoice can be forwarded to. Please await confirmation of your registration as participant numbers are limited.

**Cancellation and amendment fees:**
For less than 7 days notice no refund is given.