Family Therapy Training 2015

Systemic Approaches to Working with Individuals, Couples and Families

2-4 June in CAMBRIDGE

This 3-day workshop introduces participants to systemic family therapy theory and practice. The aim is to increase your effectiveness when working with individuals, couples or families in any setting.

WORKSHOP METHODOLOGY AND OUTLINE

The workshop is largely experiential and utilises group work processes, action methods, role play, didactic discourse & reading materials to achieve its aims.

Day One:  Systemic Thinking about Family/Whanau and Therapeutic Discourse

- Familial, social & discursive systems inhabited by clients, whanau & communities
- Contemporary family life cycle and human development in a world of multiple realities
- Effective role functioning for maintaining therapeutic ‘curiosity’ in the ‘here and now’
- Connecting with clients in their own style using systemic dialogue
- Making non-blaming systemic hypotheses about relational & social dynamics

Day Two:  Awareness of Self and Other

- Intergenerational enquiry through whakapapa & genograms/eco-mapping
- Exploring family-of-origin influences on your work with clients
- Working with emotion; your clients’ and your own
- Achieving self-directed thinking while staying emotionally connected with clients

Day Three:  Evolving Frameworks about How Change Occurs

- Modern, post-modern and para-modern perspectives on therapeutic change
- Selecting a modality of family therapy that fits with your personal values
- Structural family therapy revisited in contemporary contexts
- Reflective practice and other strength-based approaches
Participants: This workshop is suitable for participants with no previous experience in family therapy and also those with previous introductory to intermediate level training. A wide range of professionals who work therapeutically with clients in their family systems will benefit from participating, including those in health, welfare, social development, education, corrections & justice sectors. It is not necessary to be working with whole families to take part in the workshop.

Craig Whisker, MA (Applied) in Social Work, Clinical Member and Accredited Supervisor with the Australian Assn. of Family Therapy (AAFT), is a family therapist & certificated psychodramatist (AANZPA) in private practice living in Kapiti. He is currently a doctoral candidate researching family therapy in NZ and has been conducting family therapy training since 2003.

Testimonials:

“Now, six months after completing the course, the tools learned still influence my family work in positive ways ... I no longer ‘sit on the outside and look in’, instead I see myself as an active tool within family work, using creativity, spontaneity and flexibility to enhance my family work and promote change within families.”

Counsellor Family Worker, Tauranga, 2013

“To date, this is the best training workshop that I have attended. Craig gave me a new approach and tools to use when working with families. The first day back at my job, my client had a breakthrough in the understanding of her situation as a result of me starting to implement some of these approaches with her. I highly recommend this workshop.”

Family Worker, Tauranga, 2013

“Thanks for a great workshop; a simulating, informative and enlightening experience which I will certainly recommend. I noticed I am already incorporating the techniques and approaches. The ‘curiosity’ especially has been helpful. In fact, it helped make what would have been a busy day so much more relaxed and interesting.”

Counsellor, Tauranga, 2014

“The workshop was very important for me; I got what I needed to ‘go forward’. It was strengthening.”

Parent, Auckland, 2013

“Just wanted to say a further thank you for the best training I have ever attended. I believe I may have followed a different career pathway had you been doing this when I was younger ... however, I am now thinking about what I still have time to achieve.”

Mental Health Clinician, Dunedin, 2014
Registration Form: Cambridge 2015

Name: .................................................................................................................................

Service / Agency: ...................................................................................................................

Contact Details .....................................................................................................................

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Special needs: .................................................................................................................................

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Send registration to Reid Whisker Ltd:  » by email to craigwhisker@clear.net.nz

  » by post to PO Box 430 Paraparaumu 5254

Payment not required until invoice issued. Please advise who invoice is to be made payable to:

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Enquiries to Craig Whisker: 04 905 1161 or 021 213 9921

craigwhisker@clear.net.nz

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Booking / Cancellation / Refund Policy

• Booking only confirmed when fee paid & accepted.
• Fee must be paid 1 month before workshop commencement.
• 100% refund if cancelled 7+ days before workshop.
• 50% refund if cancelled between 24 hrs & 7 days before workshop.
• No refund if ‘no show’ or cancelled less than 24 hrs before workshop.
  Compassionate waiver of this policy is at the discretion of the trainer.