



**LIKE MINDS, LIKE MINE**  
Whakaitia te Whakawhiu i te Tangata

## Are you passionate about fighting stigma & discrimination?

The Mental Health Foundation and the Regional Consumer Network are hosting a free public forum on countering stigma & discrimination associated with mental illness.

**When: Thursday 18th March 2010  
10 am—2.30 pm (lunch included)**  
**Where: Western Springs Garden Hall  
956 Great North Road, Western Springs**

Aubrey Quinn discusses his experience of being the face of the national Like Minds campaign to counter stigma and discrimination.

Find out what you can do to get involved!



**Regional  
Consumer Network**

 **Mental Health Foundation  
of New Zealand**