

Kristian Lomath presents

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# seclusion circle series

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To be secluded : keep person or  
place or oneself, retired away from  
company, screen from view.

**8 - 29 August, Rotorua**  
**Opening 4pm**

Art Expo Gallery, 1141 Eruera St  
Ph 07 346 8048.

**1 - 12 September, Tauranga**

Creative Tauranga, 112 Willow St  
Ph 07 928 0283

**12 - 24 September, Auckland**

**Opening 2pm**

The Depot Artspace, 28 Clarence St, Devonport  
Ph 09 963 2331

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Kristian Lomath with guest artists Barbara O'Reilly,  
Yvonne Westra, Malcom Hore, George Andrews  
and Anna Revell.





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**Rotorua based Kristian Lomath's walk-through art installation allows visitors a firsthand experience of seclusion in its many forms as well as exploring the experience of depression, self-discovery and recovery.**

Over the 12-month gestation period, the installation developed organically and drew in other Rotorua artists, who each contributed a panel that reflects their own experience of mental illness.

The idea of seclusion is not exclusive to living with a mental illness and is something that resonates with the times we are currently in when economic resources become scarce.

Seclusion then, is also imposed by the environments we construct as a society. The tools necessary to deal with this, to reshape a life, find ways to deal with isolation, and move out of that space are important to us all.

- 1 **Kristian Lomath** Coming together as a group halfway through the project, has raised an important issue with regards to having support among like-minded people.
- 2 **Barbara O'Reilly** Working creatively with others who have experienced the extreme sensitivities of depressive episodes is both a relief and a path to acceptance.
- 3 **George Andrews** Being involved with the group has freed me up to talk about my mental state. I am from a generation that kept quiet about mental illness.
- 4 **Yvonne Westra** This project has made me reflect on my previous mental state, and if there is one thing I would like to share, it is that there is a solution.
- 5 **Malcom Hore** Working on the project has been about connecting to others of like minds. This can often be the defining point with coping, and the difference between living well and giving up.
- 6 **Anna Revell** I have found much satisfaction in being involved with this group project and enjoy the sense of achievement and peace of mind art brings.

This art installation was funded by a NZ Mental Health Media Grant and proudly supported by the Ministry of Health's Like Minds, Like Mine Programme and the Mental Health Foundation.

